

# Walks Around Punnetts Town



Linda Ingle



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Around  
Punnetts  
Town

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## *Introduction*

The small rural village of Punnetts Town is situated about 4 miles from the market town of Heathfield and in the High Weald Area of Outstanding Natural Beauty. It stands on a ridge and has far reaching views to the south coast and the South Downs on a good day. The dominant feature of the village is its windmill which can be seen from all around the area. Apparently, a chap called Samuel Dallaway brought the mill to Punnetts Town in 1859. Since the mill falling into disrepair towards the middle of the 1930's, it has undergone various attempts of restoration. At the time of writing, it is indeed going through another major restoration process, hence the scaffolding surrounding it.

Recently another icon has been erected in Punnetts Town on the roadside by the village hall; the village sign made by local Wheelwright Douglas Andrew and depicting Punnetts Town history including references to the local poultry and timber industries that once existed here. In my opinion one of the nicest village signs to be found in the whole of Sussex. Just a little further along the road on the corner of Coldharbour Lane and the B2096 is a seat made and donated to the village by David Bysouth. Sadly, both David and Marion Bysouth passed away this year (2020) and are greatly missed by the whole village community.



I moved to Punnetts Town in 1989 when Martin (my husband) and I were looking for a sensible location in the country for us to commute from, to our workplaces ; somewhere in the middle of Crowborough and Hastings. Thirty years later we are still enjoying Punnetts Town's rural charm, its views, its wildlife and its friendly people, both old and new.

2020 has been such a challenging year for everyone with the national pandemic. However, looking for the few positives at this grim time I would say we have become a closer-knit community, caring for and helping each other and have come to appreciate more than ever our outdoor spaces, namely our gardens and the lovely countryside on our doorstep. Hopefully, this will lead to an increased desire from us all to preserve what we have, reduce our carbon footprint and to do our best to tackle climate change.

During the first lockdown for Covid 19, I walked daily in and around Punnetts Town exploring new routes and putting together circular walks of varying lengths that I could do again and again. Since we have had more time at home and the Government informing us that walking daily can help keep one healthy and improve one's wellbeing, I have noticed many more people doing exactly that. After all walking is basically free and just about anyone can participate. You can do it totally on your terms and for the reasons you want to walk.



There are many reasons why people might choose to walk:

- To get out of the house and be at one with nature
- To combat loneliness, meet other walkers (most have a cheery word for fellow walkers)
- To get fit
- To lose weight
- For a general feeling of well being and to clear one's head

It is well documented that the countryside can improve our well being and mental health as it reduces stress and anxiety and makes us feel generally happier. There is much to take in on these walks in Punnetts Town and of course, what you see changes through the seasons. Whether you enjoy photography, foraging, spotting the wildlife or the flora and fauna, every season has its highlights.

I started creating this book in spring which is the season when everything comes to life, flowers are appearing, lambs are in the fields, the days are getting longer. We have some fantastic bluebell woods in and around Punnetts Town. Particularly good are the displays in Green Wood, Gameland Wood and St Dunstons Wood, therefore the Woodland walk 1, the Broad Oak walk and the Fields and Farms 1 walk are great for seeing bluebells. In summer the butterflies are increasing in numbers, so too the flowers and there is an abundance of golden corn fields surrounding the many farms. Autumn sees the changing colours and views are particularly good on the south side of the B2096 at the end of the Woodland walk or the Fields and Farms 2. Winter, more often than not, brings ice and frost and on a sunny day can look magnificent. Occasionally there are deep snowfalls and then the Punnetts Town lanes create beautiful snowy arches and the field sloping down from the windmill becomes a tobogganers paradise for the young and the not so young!





Walking is a brilliant way to get fit and lose weight. It doesn't have a great impact on your joints and is easy to get out and do daily. However, if this is your goal and reason to walk it is necessary to be aware of certain factors such as how fast you're walking and how far you're walking so that you can increase intensity. To lose weight you of course quite simply need to burn off more calories than you take in during the day. In order to achieve this by walking you need to walk briskly. The NHS describes a brisk walk as about 3 miles an hour and goes on to say that "You can tell you're walking briskly if you can still talk but cannot sing the words to a song" I have felt a little bit self conscious trying this out, but I am sure they are right! As with any activity you need to build up slowly so that you don't do more harm than good.

If you are serious about getting fit you can choose a loop and time yourself, trying to increase speed. Lanes 1 walk is ideal for this or choose a short loop / triangle to go round several times such as part of Lanes Walk 1: down Barley Mow Lane, left along Tin Kettle and up Flitterbrook or down Flitterbrook, left up Bakery Lane and left along the pavement on the main road back to the start. When we first came to Punnetts Town we found these excellent triangular circuits to jog and get fit for the ski season, however, I never was a runner and now with 2 tin knees (complete knee replacements) my jogging days are most definitely over!

Punnetts Town is set on a ridge and is quite high. There are many natural springs and many of the gardens on the northern side of the B2096 have wells. Therefore, walking conditions in the winter and after heavy rain can be quite challenging with considerable mud, almost to the point where it is difficult to stand up on the narrow paths, so some of the longer routes are best left till the better weather.



As an ex physical education and outdoor education teacher, having undergone much of my training in the late 70's and early 80's, I was not brought up with computers and in order to plan routes, walks and expeditions was taught to use a map, a compass and Naismiths Rule! Nowadays, there is an App for absolutely everything, and we have the World Wide Web. As far as walking is concerned there is all sorts of technology, apps and devices to check how far you walk, how fast you go, what your heart rates doing, how many calories you are burning etc. etc. As you have probably gathered, I am not really into technical devices and gadgets and I find computers a constant challenge. Fortunately, the men folk in my family are very much more knowledgeable and interested which has enabled me to learn enough to create this book. I would have to admit that it is possible to produce a much higher quality product with today's technology and just as I am sure most of you have, I have embraced it a little more recently and found it a lifeline during the pandemic and particularly during the periods of lockdown. In the last couple of years, I have started to use a Fit Bit to loosely monitor what I am doing on a daily basis and I have subscribed to OS maps online in order to record these walks. However, the purpose of this book is to describe simple circular walks to local people and make you aware of the beauty of the landscape on your doorstep, so that hopefully more of you can experience the enjoyment and feelgood factor that walking can bring.

All the walks start and finish at David's Seat mentioned earlier, once the centre of the village, opposite the Post Office and the Barley Mow pub, now turned into residential housing. However, a good starting and finishing point for all the walks and a good meeting point if you are waiting for others to join you as you have somewhere to sit!



It goes without saying that you should always follow the country code, stick to the marked footpaths and public rights of way, don't drop litter, clear up dog mess and do not be tempted to feed any of the animals you see on route, even if they do look hungry! Punnetts Town has a lot of working farms and by endorsing the country code and learning the country ways you can be a help not a hinderance. For instance, notifying the farmer if animals have got out of their field, righting a sheep if you find it on its back with its legs in the air, notifying the authorities if you come across badly injured deer. A good way of getting a message out to local people is via the local Facebook group: Punnetts Town Watch which expanded massively during the first lockdown in 2020.

We are surrounded by woodland in Punnetts Town. We have Black Sand Wood, Swife Wood, Gameland Wood, Great Wood, Brailsham Wood Binglett's Wood, Milkhurst Wood, Twenty Acre Wood, Green Wood, Dallington Forest, Hoads Wood, Kemps Wood, Wet Wood, Furnace Wood and St Dunstan's Wood. There are probably even more than I have listed but at least one of my walks passes down the side or through all of these great woodlands.

The walks for the most part are one side or other or straddle the B2096 which cuts through the centre of Punnetts Town. Do not be fooled by its B rating, these days it is extremely busy, and many drivers do not adhere to the 30-mph speed limit in the centre of the village or the 40-mph speed limit on the outskirts. Therefore, I have tried to keep off on the main road as much as possible but do take care when crossing. The Broad Oak Walk straddles the A265 which is equally busy, again take care crossing at the two marked points.





If there are people that don't live in Punnetts Town that would like to try these walks there are 2 parking areas that are near to David's seat that can be found on the B2096:

1. The village hall and doctor's surgery car park
2. The parking spaces in front of the Chapel

All walks' books are usually quite small so that they fit in your pocket. However, that means that everything is printed very small. This book is designed as A4 size for ease of printing and looking at before you venture out. Each walk map and instructions is downloadable separately so that you can laminate the pages back-to-back, punch a single hole in the top left-hand corner, hang it on a lanyard and put it round your neck. Waterproof, easy to refer to and doesn't cost much.

Hopefully, there is something for everyone within these walks. Of course, there is a bit of overlap on some routes but at the end of the day there are only so many ways you can leave and approach David's Seat. At the time of writing all these routes are fairly well marked and maintained and dog friendly unless I have indicated otherwise. However, with more and more people walking, stiles, gates and bridges do get more wear and tear, so I can't guarantee that they will be in good condition when you come to do the walk, take care. For those of you that get the walking bug I have found the East Sussex circular walks (free to download) very good when you want to venture further afield.

I have tried to explain these routes as simply and clearly as possible, but of course you do them at your own risk and I take no responsibility for anyone getting lost! Please enjoy.

# Lane Walk 1

## Details

13

Approximate Distance: 3 ½ KM, 2 ¼ Miles

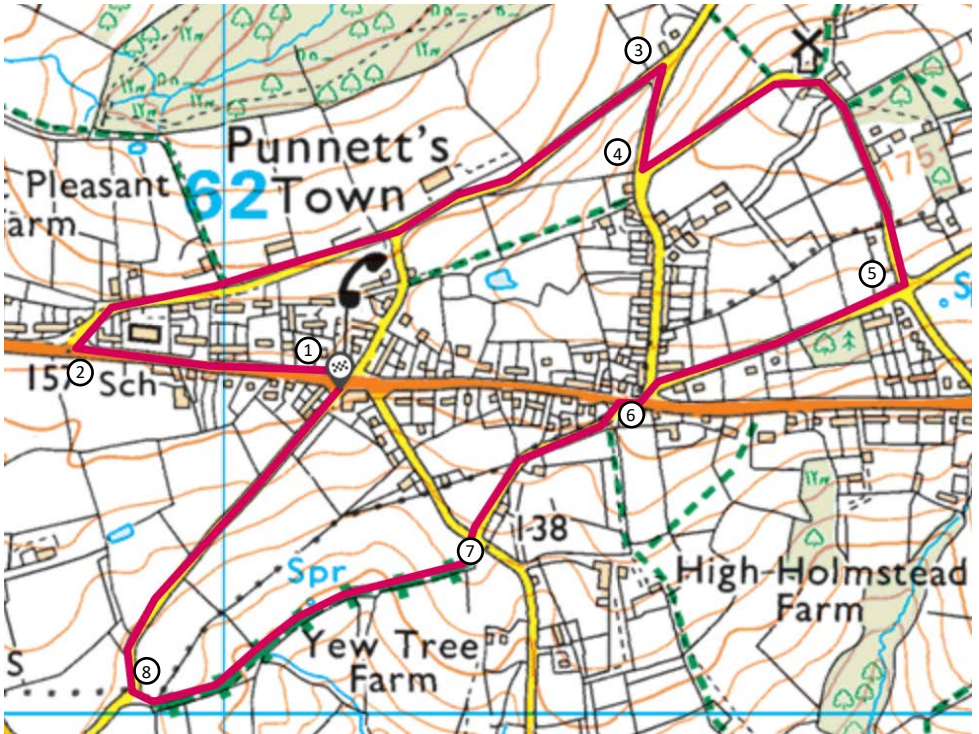
Approximate Time: 45 Mins

**Details:** Walk completely on a hard surface so a less muddy option after heavy rain or in winter. Introduces you to the village. Pass by the village sign and village hall, the primary school with its unique ceramic mural of tiles designed by the children, see ducks and geese at the farm on the little pond at the farm in Greenwoods Lane, observe the lovely differing array of flowers through the seasons on the verges leading up to the windmill and frequently deer herds can be spotted in the fields to the left of the Tin Kettle track.



# Lane Walk 1 Map

14



# *Lane Walk 1*

## *Instructions*

15

### Starting from David's seat

1. Walk along main road until you come to Upper Greenwoods Lane.
2. Turn right down Upper Greenwoods Lane and continue along the road passing the end of Coldharbour Lane until you get to the top of North Street.
3. Turn right into North Street and continue down road until you come to a turning on your right up to the windmill, Mill Lane
4. Take the road up to the windmill and carry on down the other side until you come to crossroads, turn right into Forest Lane and walk to the end.
5. Turn left back onto North Street, continue down and cross the main road to the top of Bakery Lane.
6. Go down Bakery Lane to the end and straight across Flitterbrook Lane onto Tin Kettle footpath. (although a footpath, not a road, has a solid base so you can avoid the mud but can be wet!)
7. Walk to the end of Tin Kettle and turn right into Barley Mow Lane.
8. Continue up Barley Mow Lane and cross main road back to David's Seat.



# Lane Walk 2

## Details

16

Approximate Distance: 6 ½ KM, 4 Miles

Approximate Time: 1 Hr 30 Mins

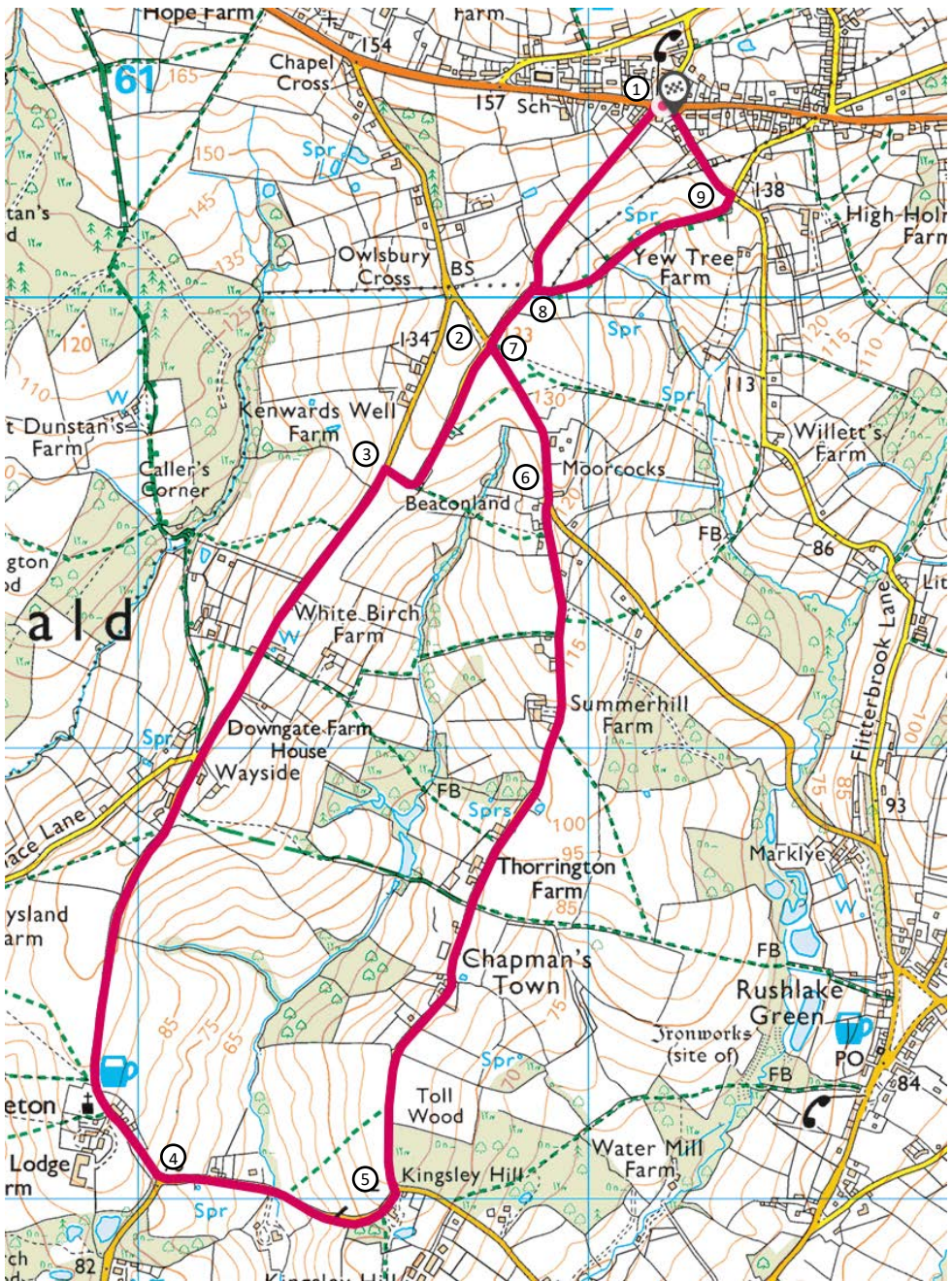
**Details:** Walk completely on a hard surface so a less muddy option after heavy rain or in winter. Wander through the pretty village of Warbleton with its pub the Black Duck on your left (sadly recently closed, apparently a victim of Covid 19) and the church on your right. Take in the views across open countryside from Chapmans Town Road





# Lane Walk 2 Map

17



# *Lane Walk 2*

## *Instructions*

18

### Starting from David's seat

1. Cross road and go down Barley Mow Lane to crossroads
2. Go straight across at crossroads and follow lane to T junction
3. Turn left and follow lane passing White Birch Farm on your left and then the Junction with Furnace Lane on your right. Carry on past Warbleton Church and down to the next junction.
4. At junction turn left towards Rushlake Green
5. At next Junction, turn left onto Chapmans Town Road and continue along here for quite a way (admire the views across the fields to Warbleton church) Continue until you come to junction with Marklye Lane
6. At Junction with Marklye Lane turn left and continue back to Barley Mow Lane crossroads.
7. Carry on up Barley Mow Lane for short distance and then turn right onto Tin Kettle footpath
8. Follow Tin Kettle to the end of the path
9. Turn left into Flitterbrook Lane and back across road to David's seat

# Woodland Walk 1

## Details

19

Approximate Distance: 6 KM, 3  $\frac{3}{4}$  Miles

Approximate Time: 1Hr 30 Mins

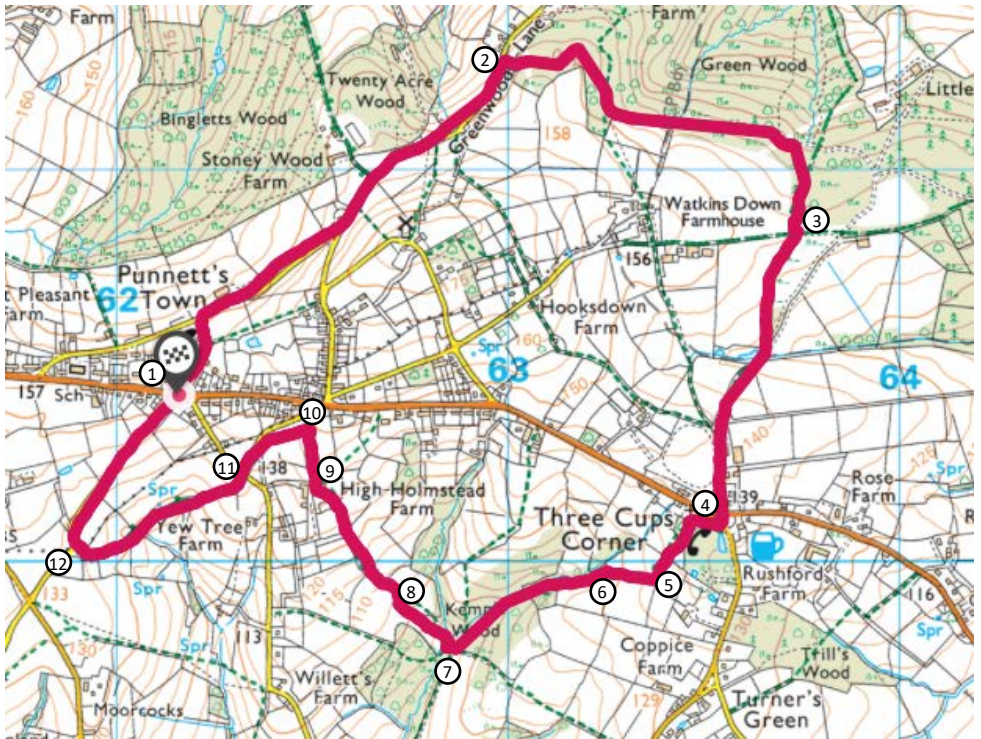
**Details:** Can be very muddy at certain points after heavy rain or during the winter. Look out for the bears! on your left opposite Blackdown Mill Cottage, a short way before the gate leading into the woods on Greenwoods Lane. Particularly lovely in the woods during the spring when the bluebells are out.





# Woodland Walk 1 Map

20



# Woodland Walk 1

## Instructions

21

### Starting from David's seat

1. Turn left along Coldharbour Lane and at the end turn right into Greenwoods Lane. Continue on past the top of North Street, past Blackdown Mill cottage until you come to a public footpath into woods on your right (sign saying "No horses or Motorbikes")
2. Go through gate and follow footpath (sometimes difficult to see in winter when all the leaves have fallen) bear left at the top and walk parallel to fields at the top, continue passing a caravan on your left, go straight on at fenced enclosure until you come to a crossroads, turn right and continue up through the woods and at the top of the path leave the woods through a metal gate and go out onto Forest Lane.
3. Cross Forest Lane and continue on footpath straight ahead. Carry on along this enclosed footpath until you reach the Main Road at the Three Cups Inn (sadly closed now)
4. Cross busy Main road (B2096) into Middle Lane and just past the Old Dairy Cottage on your right you will see a public footpath (in front of Turners Green sign) Follow the narrow public footpath through the woods until you come to a stile.
5. Go over stile and across a small field (usually has ponies in it) to a second stile, Go over stile and across another small field to open farm gate, go through gate, turn right and follow hedge line down to another stile in corner of the field. Go over stile and straight ahead to the fence line. Carry on along the fence line a short way until you come to a very sturdy stile that leads into more woods. (Lots of colourful Beech and Oaks in Autumn)
6. Follow the public footpath through the woods to the end. (Sometimes difficult to see path due to leaves, look out for the signs and notices on route)
7. Go over stile into field and immediately round holly bush back into woods. Follow public footpath down to some steps. At the bottom of the steps turn right at the bend in the stream (careful here as narrow and uneven, lots of tree roots, don't fall in stream!) go over footbridge into the field.
8. Head straight up across the field to open farm gate. Go through gate and follow footpath along boundary hedge, through gap into next field, cross another field and finally through a small gate at the side of the cottage. Be careful to stay on public footpath and skirt edge of cottage garden as marked, up over bank onto a driveway.
9. At driveway turn immediately right and follow enclosed path to the end. Come out onto Bakery Lane.
10. Turn left down Bakery Lane to junction
11. Go straight across Flitterbrook Lane and along Tin Kettle track.
12. At the end of Tin Kettle turn right into Barley Mow Lane and continue to Main Road (B2096) cross over back to David's Seat.

# *Woodland Walk 1*

## *Alternative End Details*

22

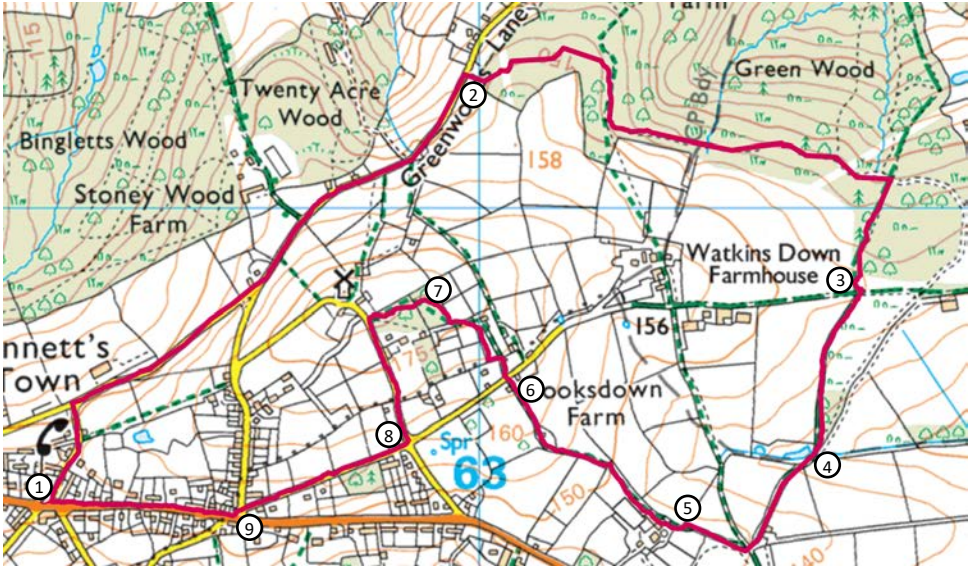
Approximate Distance: 5 KM, 3 Miles  
Approximate Time: 1Hr 15 Mins

**Details:** Can be very muddy at certain points after heavy rain or during the winter. One of the shorter walks and stays on the northern side of the B2096. Just one of many adaptations that could be made to Woodland Walk 1



# Woodland Walk 1 Alternative End Map

23



# Woodland Walk 1

## Alternative End Instructions

24

### Starting from David's seat

1. Turn left along Coldharbour Lane and at the end turn right into Greenwoods Lane. Continue on past the top of North Street, past Blackdown Mill cottage until you come to a public footpath into the woods on your right (sign saying "No horses or Motorbikes")
2. Go through gate and follow footpath (sometimes difficult to see in winter when all the leaves have fallen) bear left at the top and walk parallel to the fields at the top, continue passing a caravan on your left, go straight on at fenced enclosure until you come to a crossroads, turn right and continue up through the woods and at the top of the path leave the woods and go out onto Forest Lane.
3. Cross Forest Lane and continue on footpath straight ahead. Carry on along this enclosed footpath. Just before you reach the main road (B2096) go over the stile on your right into the field.
4. Follow the footpath along the edge of the fields past a small pond on your left to a stile in the hedge on your left.
5. Go over the stile and continue along narrow enclosed footpath to your right alongside equestrian centre, continue past a cottage on your right until you come out onto Forest Lane.
6. Cross over road and follow marked route round farmers field, along enclosed walkway to come out on the road just below the windmill. ( public right of way slightly changed here to avoid going through field with livestock – clearly signed and well maintained)
7. Turn left and walk down the hill on the road to the junction with Forest lane.
8. Turn right along Forest lane and continue until you come to the bottom of North Street and B2096.
9. Turn right along B2096 and walk back to David's Seat



# Woodland Walk 2

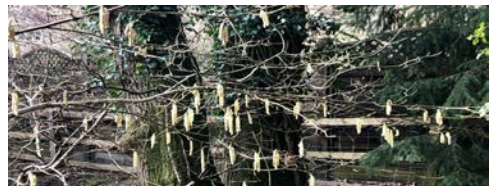
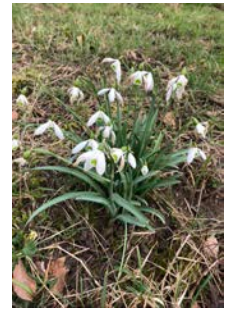
## Details

25

Approximate Distance: 11 KM, 7 Miles

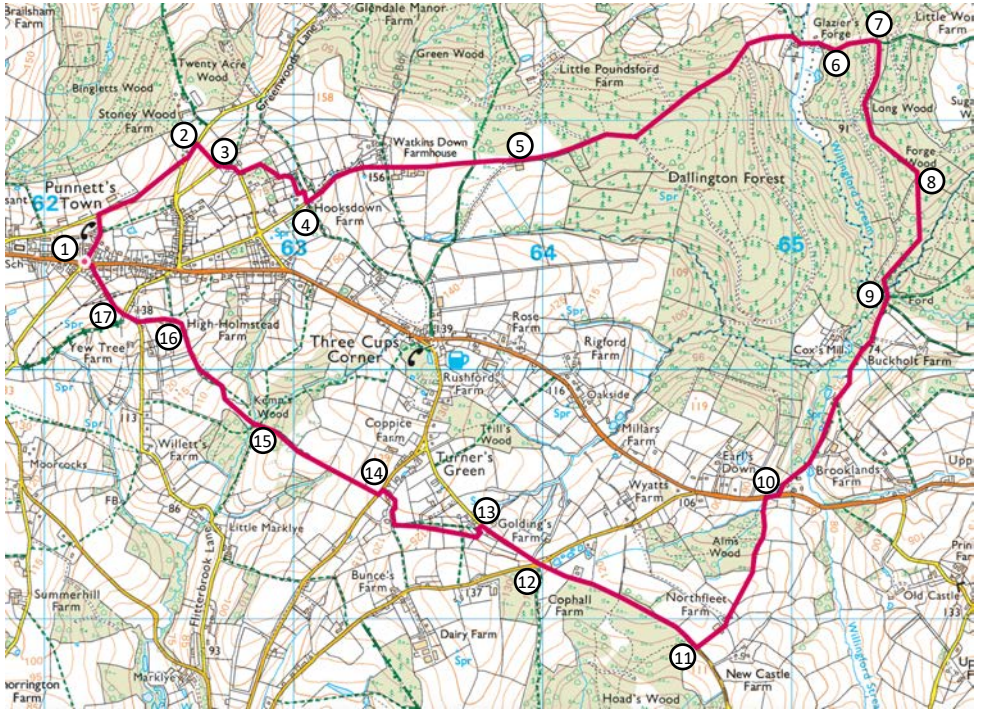
Approximate Time: 3 Hr 30 Mins

**Details:** One of the longest walks in this book but a great mix of everything, woodland paths, lanes, tracks and fields and some beautiful views, Much of the first half of the walk concentrated in Dallington Forest our biggest local expanse of woodland.



# Woodland Walk 2 Map

26



# Woodland Walk 2

## Instructions

27

### Starting from David's seat

1. Turn left along Coldharbour Lane and at the end turn right into Greenwoods Lane and walk short way along lane to stile in the hedge on your right, facing the windmill.
2. Go over stile and walk up steep hill (tobogganing field) to the windmill road.
3. Turn left and walk past windmill on the road to a stile on your left, follow the public footpath clearly marked along the line of trees (electric fence low down on righthand side) across another stile on your left, follow footpath and turn right down driveway to Forest Lane. (public right of way slightly changed here to avoid going through field with livestock – clearly signed and well maintained)
4. Turn left and walk along Forest Lane until you come to the entrance to Dallington Forest on your right.
5. Walk straight downhill along the long public footpath through the woods and at the bottom of the hill, pass by the marked public footpath signed to the left and continue on the track for a short way.
6. Take the signed footpath on your left, up a steep hill into the woods.
7. At the footpath crossroads turn right and follow path along until you come to a junction, take marked path to the left up a slight hill and continue on until you come to a fork in the path (heavily wooded area) Again take the upper path to the left and carry on along the well marked path to a crossroads.
8. At the crossroads carry on along the winding footpath over several little footbridges made of railway sleepers until you come to a large wooden bridge with steps up to it, cross bridge and down steps on other side, the path ends with 3 wooden stumps across the end at a stone track.
9. Turn left on the stone track and walk down to the road.
10. Cross over the road and take the public footpath virtually opposite and enter some more woods, keeping to the left, after about 50 metres take the marked footpath on the left along an enclosed channel (can be very muddy), follow the marked footpath signs over the field and through a farm out on to the road.
11. Turn right and walk up the road till you come to a crossroads.
12. Go straight across at the crossroads and walk up the road until you come to Goldings Farm.
13. On the left hand side of the road there is a public right of way across to the Turners Green Road but the middle part of this section of the walk is badly signed, badly maintained and not dog friendly. (public right of way crosses 3 different landowners' fields) Do it at your own risk! If you don't want to do this route across fields and dilapidated stiles and gates you can continue along the road until the T junction and turn left. Walk up to the road to the public footpath sign on your right. If you have been through the farm and across the fields you will arrive virtually opposite this public footpath (slightly to left of the gate you exit through)
14. Go through the archway of holly along the narrow enclosed footpath with fields on either side. (sometimes sightings of deer here), over a wooden footbridge and continue until you come to Kemps Wood.
15. Go over stile into woods and along path in woods to another stile. Go over stile and straight across field to a public footpath sign.
16. At the Public footpath sign turn left and walk along field edge out to Flitterbrook Lane
17. Turn right and walk up Flitterbrook Lane back to David's Seat,



# *Fields & Farms Walk 1*

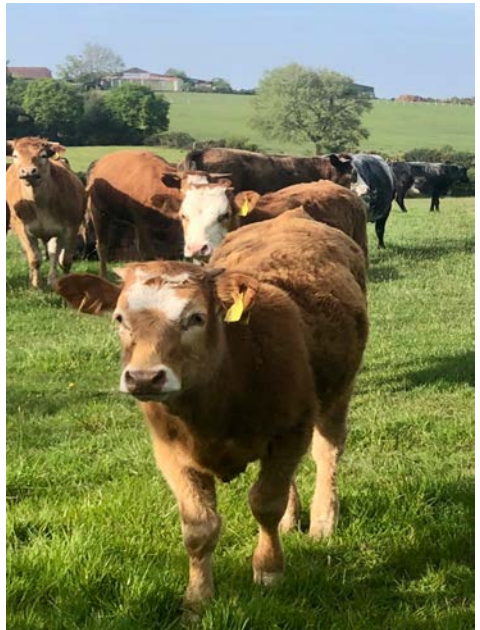
## *Details*

28

Approximate Distance: 5 KM, 3 ¼ Miles

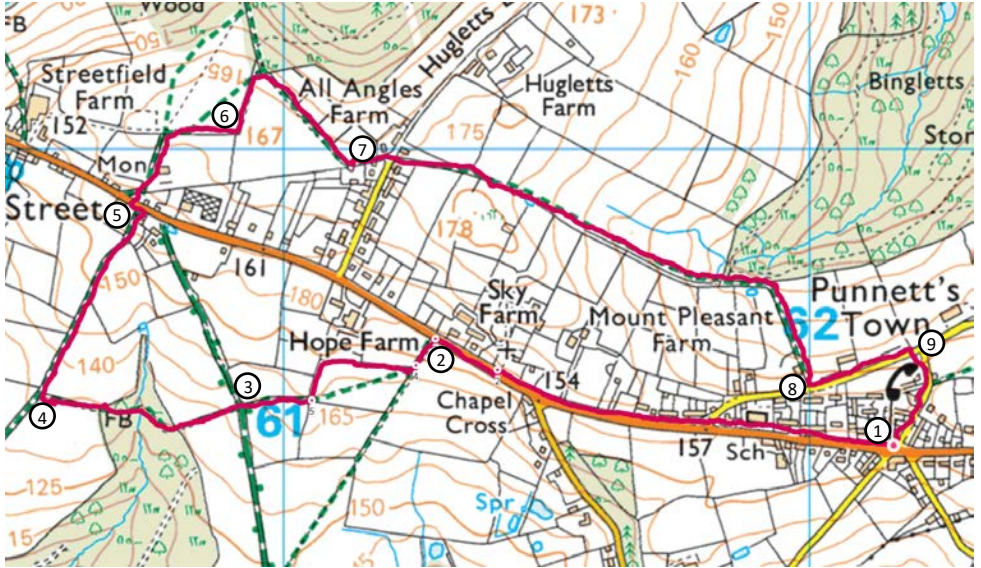
Approximate Time: 1Hr 15 Mins

**Details:** Walk the south side of the B2096 with wonderful views towards the South Downs and cross over the road at Cade Street to walk on the north side of the B2096 with views towards the windmill. Unfortunately, very muddy in winter. The field opposite the back of Punnetts Town Primary School can be a total bog!



# Fields & Farms Walk 1 Map

29



# *Fields & Farms Walk 1*

## *Instructions*

30

### Starting from David's seat

1. Turn right along B2096 past school to the Chapel. Cross Road and walk along Battle Road a short way to stile in the hedge on the left.
2. Go over stile and then over 2<sup>nd</sup> stile on the right. Follow footpath along hedge to another stile. (not dog friendly)
3. Go over stile and cross a track, over a second stile and follow pathway along the edge of the field into the woods. Follow path through woods, over stile into field and continue through field until you come to a stile that takes you onto a gravel track.
4. Turn right on the gravel track and walk down to the road.
5. Cross the road and walk to the left and almost immediately on your right you will see a stone footpath sign on the ground. Follow the path up over the stile and through Streetfield Farm, turning right after another stile (gate sometimes open) to stay on concrete path to gate.
6. Turn left and walk round field past dung heaps, past 2 stiles at the end of the field and along the edge of the field with hedge on your left to a stile in the corner.
7. Cross stile and walk out onto Hugletts Lane, cross road and go through gate, follow footpath, over a stile along the edge of the field, over another stile into the woods, over another stile into the field and turn right to follow the footpath up to the road.
8. Turn left along Upper Greenwoods Lane until you come to the junction with Coldharbour lane.
9. Turn right along Coldharbour Lane back to David's Seat

# *Fields & Farms Walk 2*

## *Details*

31

Approximate Distance: 5 KM, 3 ¼ Miles

Approximate Time: 1 Hr 30 Mins

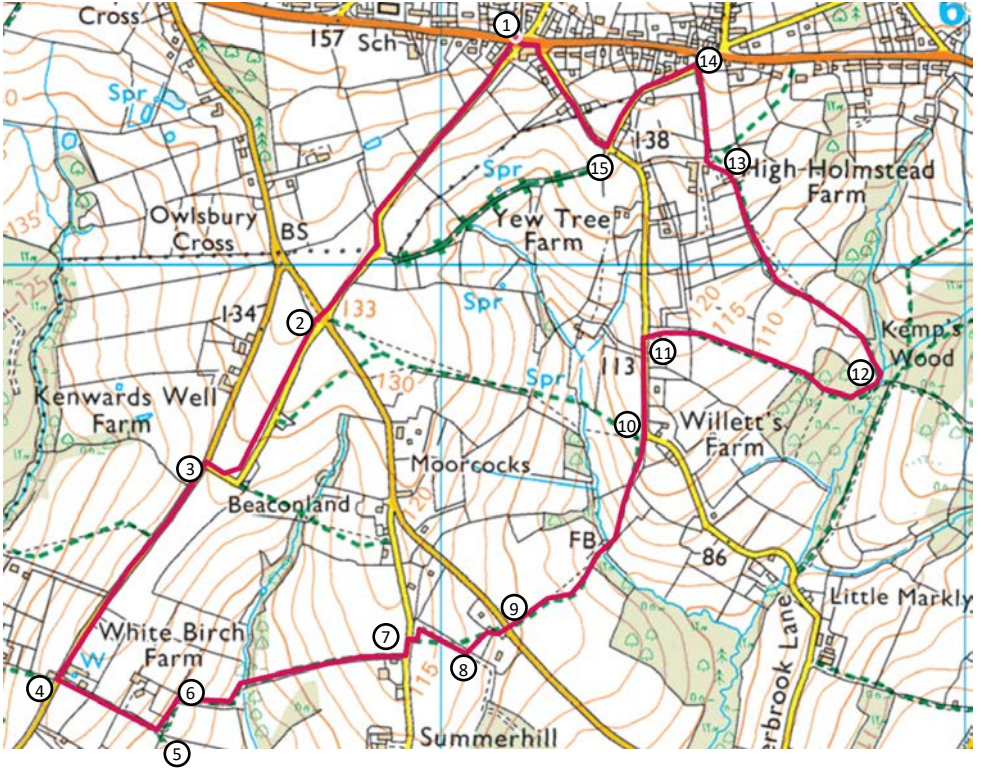
**Details:** A lovely walk at any time of the year but particularly spectacular in summer and autumn. In Autumn you have the trees changing colour. (trees below can be seen at point 12) Last year (2020) a beautiful field of Oxeye Daisy (at point 8 ) and a footpath straight through a field of corn (as on back cover at point 9) Very important to keep strictly to footpaths so as not to damage growing crops.





# Fields & Farms Walk 2 Map

32





# *Fields & Farms Walk 2*

## *Instructions*

33

### Starting from David's seat

1. Cross B2096 and walk down Barley Mow Lane to the crossroads.
2. On the right-hand corner of Gibson Lane go into field and walk along field edge out to road. (entrance to field can be extremely muddy in winter so can walk up Gibson lane if preferred)
3. Either cross over road and walk down hedge line inside field or turn right and then left and walk along road. At end of field continue along road until you come to White Birch Farm on your left. (sign on green shed)
4. Turn left at White Birch Farm and follow public footpath sign straight ahead down to another public footpath sign at the hedge.
5. Turn left along the side of the farmhouse garden to the big tree.
6. At the tree go straight down the hill to a gap into the woods, follow footpath through woods down to a stream, cross the wooden bridge and climb up the steep hill into the field. Follow the path up along the side of the field until you come to the road.
7. Cross road and go through a gap in the hedge into another field and turn left walking round field edge, down the hill to a public footpath sign and gap in the hedge on your left.
8. Go through gap and follow footpath down the side of a house and garden to the road.
9. Cross road and follow marked footpath straight across middle of crop field. (can be extremely muddy) Enter woods at the bottom through a gap in the trees and follow path over wooden bridge. Walk up hill out of woods and follow path over another stile to Flitterbrook Lane.
10. Turn left along Flitterbrook Lane, Past Birchford on your left and go over stile a bit further along on your right.
11. Follow public footpath across fields to woods and follow path down to the stream at the bottom, keep left and go across the wooden foot bridge to your left.
12. Walk up through the fields staying on public footpath up the side of the farmhouse and then up a bank, through the trees as marked.
13. Drop down onto the gravel drive and turn immediately right and continue through gate to the end of narrow enclosed footpath.
14. Turn left down Bakery Lane
15. At the end of Bakery Lane turn right up Flitterbrook Lane back to David's Seat.

# *Fields & Farms Walk 3*

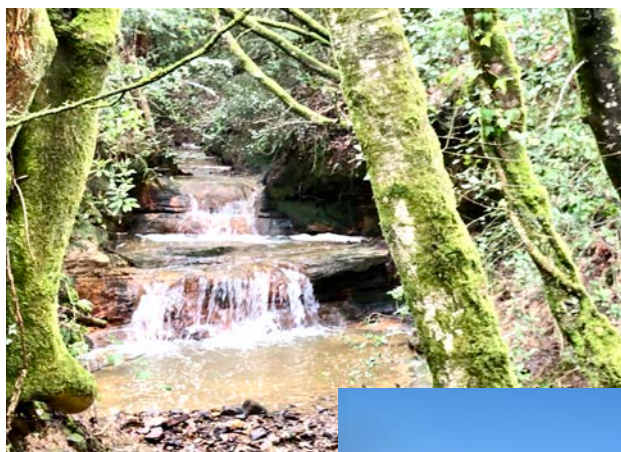
## *Details*

34

Approximate Distance: 9 ½ KM, 6 Miles

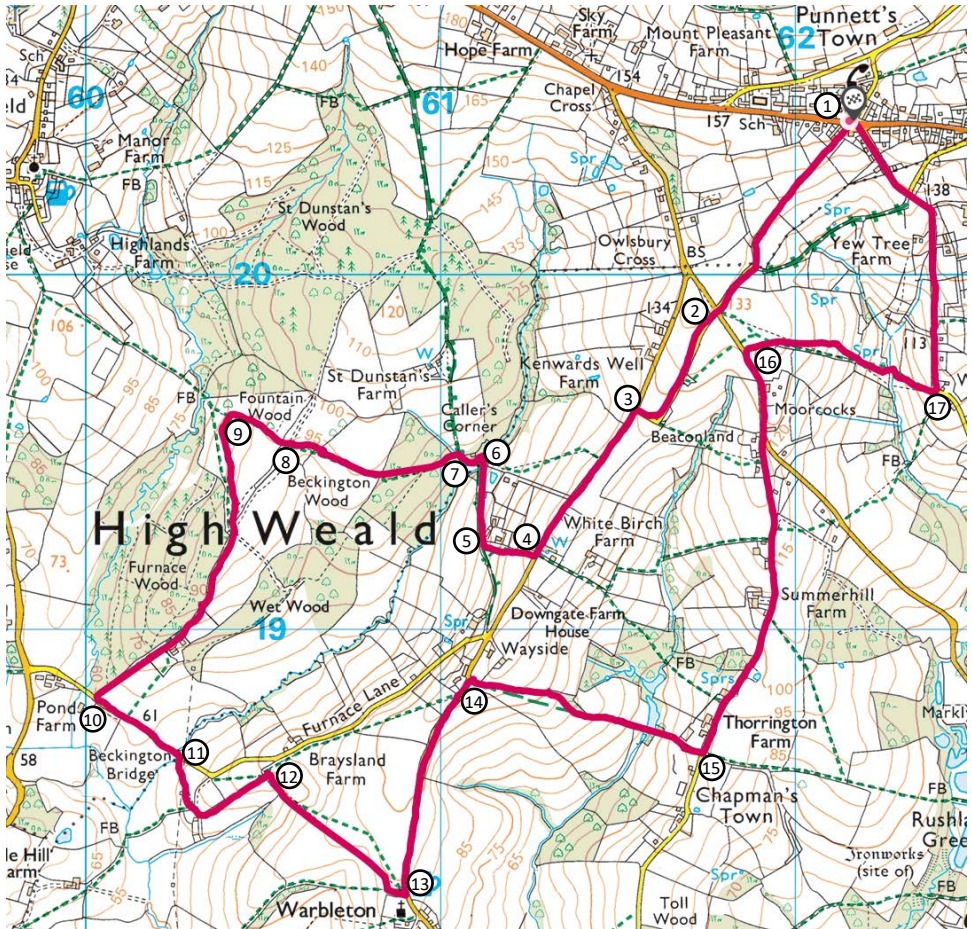
Approximate Time: 3Hr

**Details:** One of the longer walks in this book but offers a great variety and some splendid views. Experience the tranquility of the gently flowing rivers and walking across the open heathland akin to many parts of Ashdown Forest. (pictures below can be found at point 6 and point 8) Gives an opportunity to visit the pretty church at Warbleton and take in the local history in its graveyard.



# Fields & Farms Walk 3 Map

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# Fields & Farms Walk 3

## Instructions

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### Starting from David's seat

1. Cross B2096 and walk down Barley Mow Lane to the crossroads.
2. On the right-hand corner of Gibson Lane go into field and walk along field edge out to road. (entrance to field can be extremely muddy in winter so can walk up Gibson lane if preferred)
3. Either cross over road and walk down hedge line inside field or turn right and then left and walk along road. At end of field continue along road until you come to White Birch Farm on your left. (sign on green shed)
4. Go over stile on your right opposite White Birch Farm and across field down to gate leading onto a track.
5. Go through gate and turn right down the track.
6. Turn right at marked path over a wooden bridge and turn left on other side of bridge (could go straight on but good to take in view from bridge) up hill onto driveway and continue along drive.
7. Come out at St Dunstons Farm gate, take Public footpath on left, over stile into woods (beware rickety stile!) Go over stile at end of woodland path into a field, cross field and come to another stile. (also, rickety)
8. Go over stile into open heathland. Continue on marked footpath down the hill.
9. Near the bottom of hill take the marked public footpath to the left and continue on marked way along field edges until you come to a stile and a 7 bar gate. Go over a stile and down driveway onto Furnace Lane.
10. Turn left and walk along Furnace Lane to the road bridge.
11. As soon as you have crossed the road bridge, turn right over stile and follow marked footpath up hill past a pylon and through a metal gate into the grounds of a cottage and exiting through another metal gate. Follow the footpath across the field.
12. At the end of the field go through a gate, look to your right and you should be able to see Warbleton church at the top of the hill. Continue on footpath to the right (sometimes difficult to see) which goes slightly left of church, refer to map if necessary. At the top skirt round church to left and out onto the road.
13. Turn left and walk along road for about 700m.
14. Turn right on to the marked footpath into the field. Follow footpath diagonally across field and then down the side of the tree line. Towards the bottom of field follow signed footpath to left between the trees and carry on past a pond on your left, over a footbridge then up a rocky track to the road.
15. Turn left along the road and continue for about 1 KM. At the junction of Chapmans Road and Markyle Lane turn left. Continue along the road for approximately 300 metres.
16. Just before the crossroads turn right and go through large gap in trees into field (footpath signs not clear here) Go straight down side of field to a stile and follow footpath across field, through woods to another stile, over footbridge and up the hill, crossing a stile onto Flitterbrook Lane.
17. Turn left up Flitterbrook Lane back to David's seat.



# Old Heathfield Walk Details

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Approximate Distance: 8 KM, 5 Miles

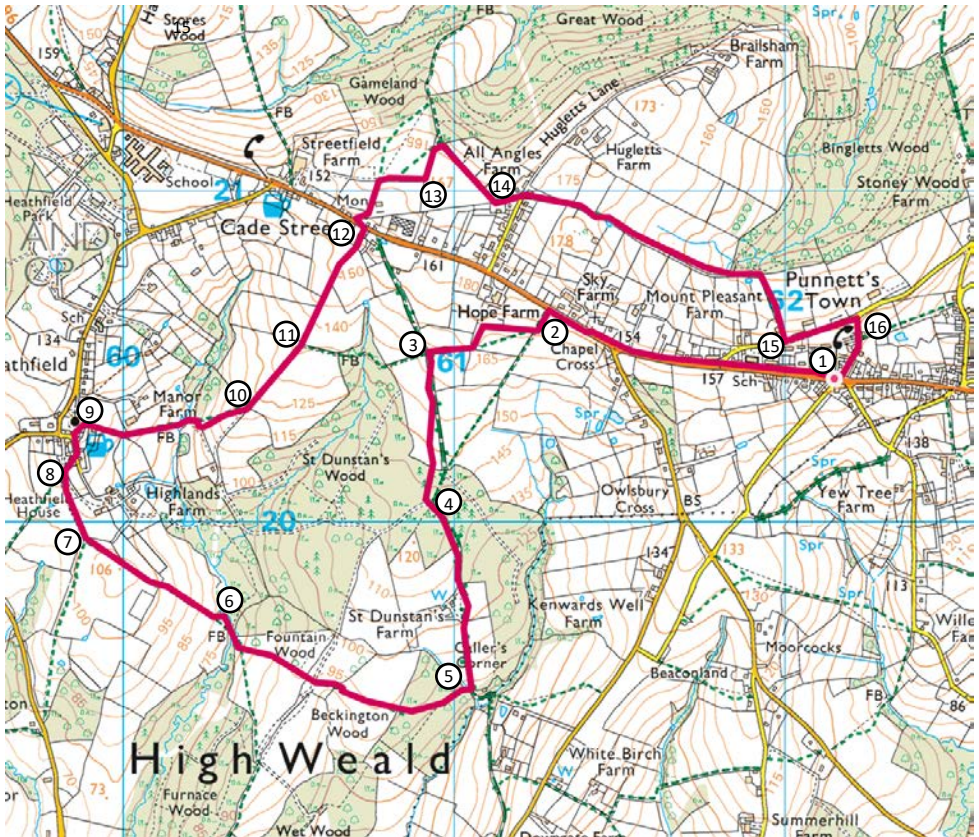
Approximate Time: 2 Hr

**Details:** A lovely walk, like many can be extremely muddy in winter and therefore better attempted in better weather when the ground is harder. Although this walk covers quite a few sections of other walks, there is the section from point 6 to point 11 which is totally different. It is also one of only 2 walks that has a Pub on route that is still in business and presumably will open again when restrictions are lifted. The Star Inn is on your right just before you enter the churchyard of All Saints Church (point 9) a welcome watering hole in more normal times!



# Old Heathfield Walk Map

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# Old Heathfield Walk Instructions

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## Starting from David's Seat

1. Turn right along B2096 past school to the Chapel. Cross Road and walk along Battle Road a short way to stile in the hedge on the left.
2. Go over stile and then over 2<sup>nd</sup> stile on the right. Follow footpath along hedge and continue on marked path until you come to a major track.
3. Turn left along the track until you come to a metal gate leading into the woods.
4. Go through the gate and follow the footpath straight ahead and then round to the left, come to another gate and continue through field along footpath. At gate in right hand corner of field, go through and continue along the narrow enclosed footpath and through gate at the bottom. Come out at the bottom of St Dunstans Farm.
5. At St Dunstans Farm gate take Public footpath on left, over stile into woods (beware rickety stile!) Go over stile at end of woodland path into a field, cross field and come to another stile. (also, rickety) Go over stile into open heathland. Continue on marked footpath down the hill and straight on at bottom. Take marked enclosed footpath up the hill and towards top of the hill, turn right as signed through a gap in the fence into a field. (you can see the church straight ahead)
6. Follow footpath markers to left and then immediately right and go through narrow gate and enclosed footpath.
7. Carry straight on over a stile, through a wooden gate and along enclosed path out through another gate and across corner of field out onto a driveway.
8. Cross tarmac driveway onto path on other side and follow into churchyard passing the Star inn on your right.
9. *Follow footpath to the right and then on down through the graveyard and through a gate and across field, Go downhill into short wooded section, across bridge and up the other side to a stile.*
10. *Go over stile and follow enclosed footpath to the end and go out over stile to footpath.*
11. *Follow this major footpath down to the road (B2096) Cross over road and walk along to footpath sign on your right.*
12. Follow the path up over the stile and through Streetfield Farm, turning right after another stile (gate sometimes open) to stay on concrete path to gate.
13. Turn left and walk round field past dung heaps, past 2 stiles at the end of the field and along the edge of the field with hedge on your left to a stile in the corner.
14. Cross stile and walk out onto Hugletts Lane, cross road and go through gate, follow footpath, over a stile along the edge of the field, over another stile into the woods, over another stile into the field and turn right to follow the footpath up to the road.
15. Turn left along Upper Greenwoods Lane until you come to the junction with Coldharbour lane.
16. Turn right along Coldharbour Lane back to David's Seat



# Burwash Walk

## Details

40

Approximate Distance: 9 ½ KM, 6 Miles

Approximate Time: 3 Hr.

**Details:** A great variety of landscape, flora and fauna and wildlife. Always seen deer at some point on this walk. It is possible to extend this walk if you wish to access facilities at Burwash Weald and Burwash Common. You can head up to Burwash Weald at point 6 where you will find the Wheel Inn. Wander on to Burwash Common where you will find The Old Orchard Nursery which has a little café. You can then join the walk again at point 9. Find some of the best wild garlic growing between point 11 and 12, for all you foragers and cooks out there.





# Burwash Walk Map

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# Burwash Walk Instructions

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## *Starting from David's seat*

1. Walk to your left along the B2096 until you come to North Street
2. Turn left up North Street and then immediately right into Forest Lane and along road, straight across at the crossroads and continue until you come to the entrance to Dallington Forest on your right.
3. Turn right and enter Dallington Forest. Continue on the public footpath (woods on right and left marked private) through a densely wooded section (mainly conifers), path starts going downhill quite steeply. At the bottom of the hill, you come to a bend in the track in front of a green shed and footpath sign.
4. Turn left at footpath sign through a gate, past a derelict house on your left, over a stile and across field in direction of footpath marker. Pass a tree with hollowed-out trunk, continue on marked way till you come to gate with bridge crossing river.
5. Go through gate and cross the River Dudwell via a wooden bridge, continue on marked way through 2 further fields. (footpath markers at gaps in hedge) Continue into third field very short way until you come to a stile on your left in hedge.
6. Go over 2 stiles on your left (only couple of metres in between) up a hill into the adjacent field and follow the marked footpath. Bends round to the right. Pass through some trees to a stile. Go over stile and out into another field, footpath sign on your left indicating straight on. At end of field go through gap in hedge into another field and cross field to a stile.
7. Cross stile and turn left as signed onto a gravel track. Turn right at gravel track and follow as marked.
8. Just past West Down Park (private road on your left) take the the marked public footpath on your left (dog waste bin below footpath sign) Follow path between houses and through a gap in metal railings and along enclosed path to the road.
9. Turn left on road uphill (past Luck Farm on your left) to the end of the road (Hunters Hill house on your left)
10. At road end go through gate straight ahead into woods. Carry on path passing through another gate on way down to wooden bridge over the river. (path here lined with wild garlic)
11. Cross wooden bridge and follow fence (on your left) up other side for about 10 metres.
12. At the black pipe on your right cross stream and follow path up the other side through the woods (can be difficult to see at certain times of year) Path winds round to the right (some of the best bluebells around line this path in a good year) Come to a fenced pig enclosure and public footpath sign, continue alongside enclosure to path junction.
13. Turn right at path junction and follow path round to right and downhill onto road. (Greenwoods Lane)
14. Turn Left on Greenwoods Lane, go past the top of North Street and continue until you come to Coldharbour Lane.
15. Turn left into Coldharbour Lane and back to David's Seat.

# *Rushlake Green Walk*

## *Details*

43

Approximate Distance: 8 KM, 5 Miles

Approximate Time: 2 Hr 15 Mins

**Details:** At the midway point, this walk passes through our pretty neighboring village of Rushlake Green. The walk crosses the village green and passes to the right of Rushlake Green Village Stores and the Horse and Groom pub if you need refueling! Lots of water on this walk with streams, rivers, ponds and lakes. Considerable amount of bird life to see, particularly masses of ducks on the ponds between point 11 and 12 and pheasants littering the bridlepath between point 10 and 11.





# Rushlake Green Walk Map

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# Rushlake Green Walk

## Instructions

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### Starting from David's seat

1. Cross the B2096 and walk down Fitterbrook Lane.
2. Turn Left into Bakery Lane
3. Just before reaching the B2096 turn right onto the marked footpath through a metal gate and out through another metal gate at the end.
4. Turn left and follow the footpath up over the garden of High-Holmstead Farm as marked and pass through a metal gate on the left side of the property. Keeping the hedgerow to your right pass through a further three fields.
5. Go through big open gate and down to the stile in the bottom right-hand corner of the field.
6. Go over stile into woodland and then over a wooden bridge. Follow the path round and turn left up steps to a large open field. Turn right and walk along edge of field till you come to Flitterbrook Lane.
7. Turn left on to Flitterbrook Lane and continue for about 400 metres until you come to Paddocks Farm on your left.
8. Turn left onto the public footpath at Paddock Farm, large farm building on your left, go up a steep hill in the field, keeping to the right, until you come to a stile in the hedge. Go over stile onto narrow enclosed footpath (might need long sleeves here as lots of holly and brambles on left side) Follow footpath to the road (Middle Lane)
9. At Middle Lane cross over road to the marked footpath on other side (slightly to the left). Go through a kissing gate and follow the footpath, crossing a wooden bridge, a stile into a further field and then aim for the houses to the right. Continue until you come to the road (Rookery Lane)
10. Turn Left along Rookery lane and then take the first right turn up a major marked track / bridleway. Walk through woods with numerous pheasant feeders.
11. On exiting the woods turn immediately right. (from this point to Rookery Lane the footpaths and public rights of way are very poorly marked) There are wooden hatcheries and a lake to your left. Cross a stile into the open fields.(footpath marker on stile here)
12. Pass the lake which will be seen on your right and the cross the open field. Aim towards a solitary tree in the middle of the field keeping to the right of the buildings that you can see in the distance. You will now need to locate and cross a stile (which can be difficult to find) which leads out onto the road (Rookery Lane)
13. Turn left on Rookery lane and continue till you reach Rushlake Green.
14. Cross the green to the public footpath to the right of the Horse and Groom pub.
15. Take the public footpath which can be found between houses towards the lakes and then cross a wooden footbridge. Follow footpath up hill .
16. Pass through the entrance to the next field and walk diagonally across the field to the far corner (junction of hedgerow and woods).
17. Exit through the gap in the hedge and follow the footpath along the side of the woods, turning left in the far corner.
18. On your right go through a gap in the hedge and follow footpath down the side of a house and garden to the road.
19. Cross road and follow marked footpath straight across middle of crop field. (can be extremely muddy)
20. Enter woods at the bottom, through a gap in the trees and follow path over wooden bridge. Walk up hill out of woods and follow path over another stile and continue on a track towards Flitterbrook Lane.
21. Just before joining Flitterbrook Lane go over the stile on your left into a field and follow the footpath.
22. At the bottom of the hill cross a wooden foot bridge shortly followed by a stile. Aim for the far right corner of the field. The footpath can be difficult to see. If in doubt, follow the hedgerow on your left, then turn right before exiting the field and continue to the far right corner.
23. In the corner of the field go through gap and turn right into Barley Mow Lane. Follow road back to David's Seat.

# Broad Oak Walk Details

46

Approximate Distance: 9 ½ KM, 6 Miles

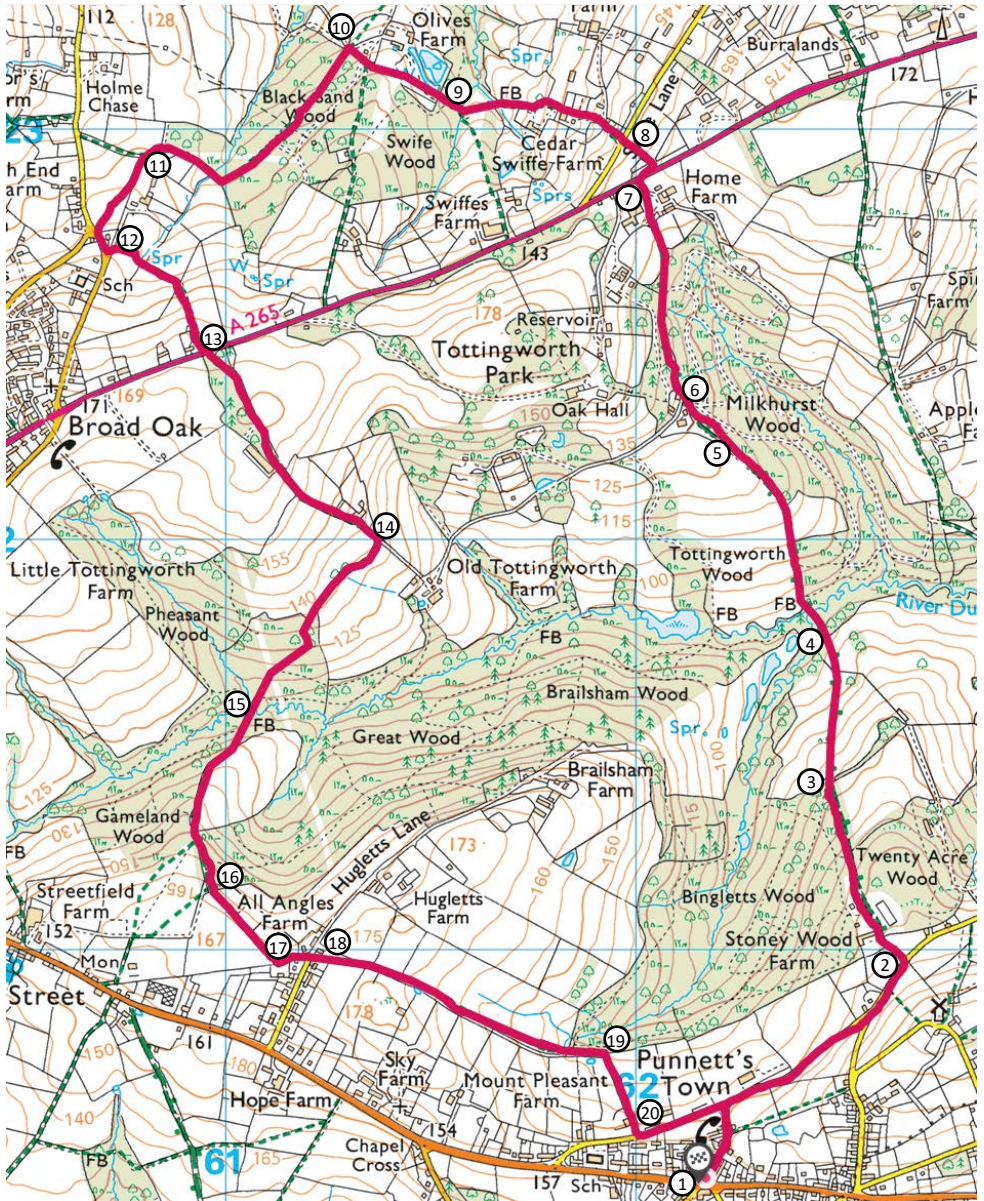
Approximate Time: 2 Hr 30 Mins

**Details:** This walk took the longest to devise as trying to avoid the A265 which has no safe paths down either side of it for walkers. The road and path between point 6 and 14 is NOT a public right of way. Therefore, have extended the walk a little further so that it crosses the A265 and takes in the woodland areas of Swife Wood and Black Sand Wood more local to Broad Oak. The path at Stoney Farm, point 2, goes down the side of Binglett's Wood, a biological site of special scientific interest due to its ghyll woodland which contains several plants with an 'Atlantic' distribution which are only found in the Weald and the West Country in Britain. There is, however, no public access to Binglett's other than this path. The path itself, is best avoided in winter as narrow in places, rocky, wet, muddy and slippery!



# Broad Oak Walk Map

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# Broad Oak Walk

## Instructions

48

### Starting from David's seat

1. Turn left along Coldharbour Lane and at the end turn right into Greenwoods Lane. Continue on past the top of North Street until you come to Stoneywood Farm on your left.
2. Turn left onto the marked public footpath at Stoneywood Farm. Follow the gully footpath down the edge of Binglets wood. (can be quite treacherous in bad weather)
3. At the bottom of the woods pass through the metal gate and into open fields.
4. Follow the footpath and cross the field before crossing a stile and entering the woods. Shortly after crossing the stile keep right and follow the path before crossing a wooden bridge over the river Dudwell. Exit the woods via another stile and walk along the edge of the field before crossing open farmland. Continue following the edge of the field.
5. Just before reaching a large house pass through a metal gate on your right and walk up the path before exiting through another gate.
6. Turn right on the dirt road. Continue for about a kilometer until you reach the main road (A265).
7. At the A265 turn right and after about 20 metres cross the road. Cross a stile and walk along the enclosed fenced public footpath to the end. Go over the stile and cross over the road (Swife Lane).
8. Follow public footpath sign along tarmac road (sign saying Barkyle Nurseries), road bends round to the left passing an old greenhouse on your right.
9. At the wooden gate turn right as marked, down a narrow footpath. Stay on marked path passing through woods going over 2 wooden footbridges and then up a hill. On a tree to your right there is a footpath marker and you can just see a large lake to your right through the trees. Continue on path until you come to tarmac drive with big green gate on your right. Cross driveway and continue for about another 100m till you come to a crossroads with public footpath sign.
10. Turn left at the footpath sign along a wide forest track and walk for about 1KM through Black Sand Wood. The track will then take a sharp turn to the right before one exits the woods.
11. Footpath passes by a large open gate on your left. You can either cut up through the field to the road at this point or continue on path to road and turn left and walk up the hill towards main road (A265).
12. Just after the school road sign turn left towards Wish End Farm. Go through gate and turn immediately right and over stile and follow marked public foot path along the hedge before turning right and following narrow enclosed footpath till you come to main road (A265).
13. Cross over the A265 to a driveway marked Springhill. Continue along driveway for about 600 metres until you come to public footpath sign off to the right.
14. Follow the marked footpath on the right over a stile and along the edge of a field. Cross a further 2 stiles before entering Great Wood. Continue down the hill until you reach the river Dudwell.
15. Cross a wooden footbridge over the river and then up a steep incline before crossing another stile and entering a large field. Turn right and follow the edge of the field until it joins a farm track. Great Wood will be visible on your left.
16. Take the stile on the left of the farm track and cross into a further field. Walk along the edge of the field until one reaches a further stile located in the far corner.
17. Cross stile and walk out onto Hugletts Lane. Cross the road to the gate opposite.
18. Go through gate, follow footpath, over a stile and along the edge of the field. Cross another stile into the woods, through woods and over another stile into another field. Turn right and follow the hedgerow up to the hill to the road.
19. Turn left along Upper Greenwoods Lane until you come to the junction with Coldharbour Lane.
20. Turn right along Coldharbour Lane back to David's Seat



## **NHS Website**

Walking for health page

<https://www.nhs.uk/live-well/exercise/walking-for-health/>

## **Ordnance Survey Website**

For maps and routes

<https://www.ordnancesurvey.co.uk>

## **Punnetts Town Watch Facebook Group**

For staying connected with what's going on in Punnetts Town

<https://www.facebook.com/groups/365254087491120>

## **Punnetts Town Community website**

Find out what's happening In Punnetts Town

<https://mic600.wixsite.com/punnetts-town>

## **East Sussex CC Website**

Downloadable circular walks by length

<https://www.eastsussex.gov.uk/leisureandtourism/discover-east-sussex/circular/>



Photograph by Sarah Ingle



